



EMDR Reflective Consultation Contract Consultant in Training – Consultee Contract

Adapted for Electronic Use
Effective 01/01/2026 | Revised 03/12/2026

Catanna L. Roberson, LMFT

EMDR Certified Therapist and Consultant in Training (CIT)

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1. Purpose and Scope

This agreement establishes a clear understanding of the expectations for EMDR reflective consultation. Catanna L. Roberson, LMFT, EMDR Certified Therapist and Consultant in Training (CIT), will provide consultation services to the Consultee.

Reflective consultation is a collaborative process focused on deepening clinical insight, ethical awareness, and adaptive information processing. Sessions are designed to support your growth as an EMDR clinician, providing space to explore complex cases, personal reactions, and professional challenges. The goal is to foster both technical proficiency and reflective practice, enhancing your confidence and effectiveness in EMDR therapy.

2. Consultation Goals

Please indicate your primary reason for seeking consultation:

- To gain knowledge and build confidence using EMDR, not for EMDRIA credential purposes
- To achieve the EMDRIA Certification credential
- Other:

Your reason for entering consultation directs the type of consultation activities utilized. If your focus changes, please notify me so we can discuss any changes in activities or requirements.

3. Nature of Consultation

- These consultations do **not** constitute clinical supervision or psychotherapy. You remain fully responsible—ethically and legally—for decisions in your clinical cases.
- As a CIT, I can provide up to **15 hours of consultation** to any single consultee working toward EMDRIA Certification. The remaining 5 hours must be obtained from an EMDRIA Approved Consultant.
- If specialized expertise is needed or a conflict of interest arises, I will facilitate referral to another consultant.

4. Confidentiality & Technology

- All case presentations must exclude identifiable patient information.
- For remote/electronic consultation, secure platforms will be used. Consultees are responsible for obtaining client consent for any recordings or documents shared.
- If an ethical or legal obligation to report arises, I will inform you and give you the opportunity to make the report yourself.
- If I have a prior relationship with a presented client or a potential conflict of interest, I will notify you immediately and help you find a different consultant.

5. What the Consultee Can Expect

- All consultation hours will be documented and tracked. Records will be retained for five years, and a summary of hours and progress will be provided upon request or at the conclusion of consultation.
- I will provide feedback on fidelity to EMDR protocols, case conceptualization, and areas for growth. Written verification or recommendation for certification will be provided when proficiency is demonstrated.
- I will keep abreast of current trends and changes in EMDR and trauma treatment, and provide up-to-date resources.
- I will make efforts to provide a safe, supportive, and collaborative learning environment.
- Collaboration with other consultants is encouraged to support your professional development.

6. What is Expected of Consultee

- Come prepared to present case material for discussion, including near verbatim transcripts, audio/video recordings (with appropriate releases), or case presentation forms.
- Remove all identifying information from shared materials.
- Practice within the ethical guidelines of your license and professional associations.

- Report immediately if a complaint or grievance has been filed against you.
- Track your EMDR client sessions to demonstrate progress toward certification requirements.
- Engage in reflective practice by discussing not only clinical cases but also personal reactions, challenges, and professional growth.

7. Group Consultation

- Maximum group size for EMDRIA Certification consultation is 8; my groups are limited to 4 participants to ensure everyone has an opportunity to present case material.
- Individual consultation hours can be accrued in a group setting under EMDRIA guidelines.
- Consultees must present current/recent case material on all 8 Phases to obtain documentation for hours toward EMDRIA Certification.

8. Fees & Cancellation Policy (Prices are valid until the Catanna becomes an EMDRIA Approved Consultant.)

- My fee for individual sessions and packages are listed below.
 - Individual Consultation 15-Hour Bundle for \$750. (A savings of \$75. →\$55 / hour)
 - Individual Consultation 10-Hour Bundle for \$550. (A savings of \$50. →\$60 / hour)
 - Individual Consultation 5-Hour Bundle for \$300. (A savings of \$25. →\$65 / hour)
 - Group Consultation (When Available) 15-Hour Bundle for \$675. (\$45 / hour / member)
 - Group Consultation (When Available) 10-Hour Bundle for \$500. (\$50 / hour / member)
 - Group Consultation (When Available) 5-Hour Bundle for \$275. (\$55 / hour / member)
- Payment is expected at time of service by check or electronic application (e.g., PayPal, Venmo, Etc.). [PayPal](#) (@atyourpacecounseling); [Venmo](#) (@AtYourPaceCounseling)
- Appointments canceled without 24-hour notice may be charged the full fee, except in emergencies or extenuating circumstances.

9. Ethical Standards

- **Ethical Practice:**
Both consultant and consultee agree to uphold the ethical standards of their respective professional licenses and associations. If the consultee does not belong to a professional association, the APA's code of ethics will be the standard.
- **Confidentiality:**
All case material shared in consultation must be de-identified to protect client privacy. Any breach of confidentiality or ethical concern will be addressed promptly and collaboratively.

- **Dual Relationships:**

Consultation is not supervision or psychotherapy, and does not create a dual relationship. If a potential conflict of interest arises, it will be disclosed and managed appropriately.

- **Reporting Obligations:**

If the consultant becomes aware of information that requires mandatory reporting (e.g., risk of harm, abuse, or neglect), the consultee will be informed and given the opportunity to make the report. The consultant will follow legal and ethical obligations if necessary.

- **Grievances and Complaints:**

The consultee must report immediately if a complaint or grievance has been filed against them in any professional capacity.

10. Consultee Information

Full Legal Name:		Preferred Name:
Degree(s):		
License Type, License Number, and Issuing State:		
Preferred Mailing Address:		
Phone:	Email:	
Dates of your basic EMDR training course and name of trainer:		

Please select your Consultation Bundle:

None yet, I haven't made up my mind.

Individual Consultation 15-Hour Bundle for \$750.

Individual Consultation 10-Hour Bundle for \$550.

Individual Consultation 5-Hour Bundle for \$300.

Group Consultation 15-Hour Bundle for \$675.

Group Consultation 10-Hour Bundle for \$500.

Group Consultation 5-Hour Bundle for \$275.

Individual Consultation A La Carte. _____ Hours at \$65 / hour.

_____ hours of Group Consultation at \$45 / hour.

Signatures

Consultee's Printed Name:

Consultee's Signature:

Date:

Consultant in Training:

Catanna L. Roberson, LMFT

Consultant in Training's Signature:

Date: